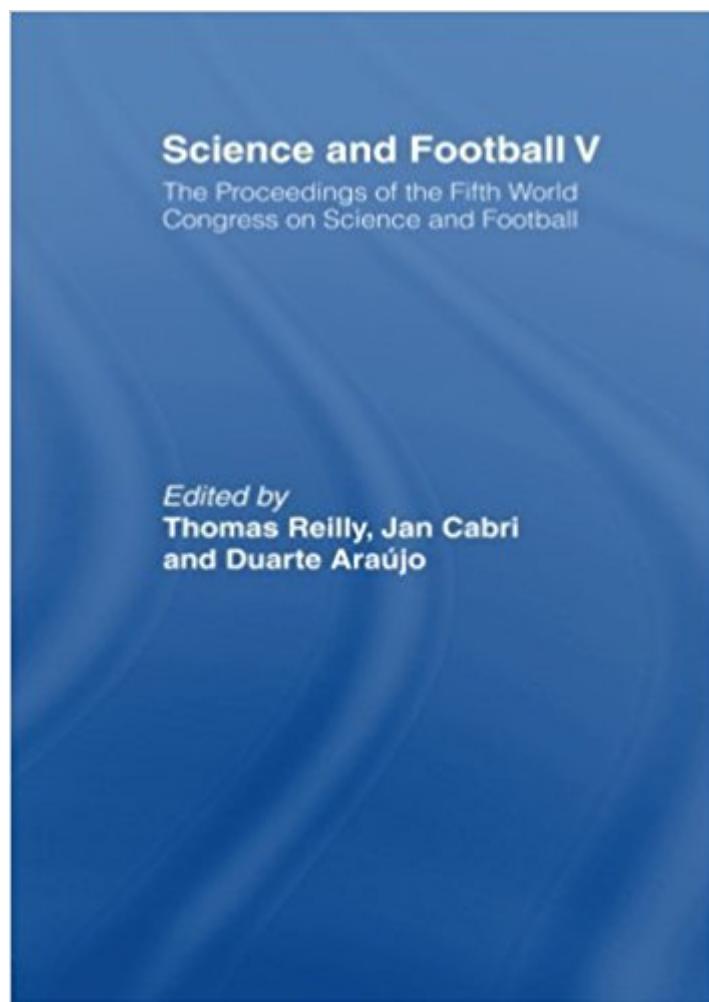


The book was found

Science And Football V: The Proceedings Of The Fifth World Congress On Sports Science And Football (v. 5)



Synopsis

Science and Football V presents the edited papers from the Fifth World Congress on Science and Football that took place in Portugal in April 2003. The collection represents the latest scientific research into the variety of sports known as football such as association football; rugby codes (Union and League); national codes (American, Australian and Gaelic). A recurring theme for this series of conferences has been a commitment to bridge the gaps between theory and practice in the service of the promotion of high quality applied football science. The book is clearly structured into nine parts and focuses on the following key issues: introductory keynote address biomechanics and mechanics fitness test profiling of footballers performance and match analysis football medicine football training paediatric exercise science physiology and nutrition behavioural and social sciences. This collection provides valuable information for coaches, players, trainers, managers, medical and support staff, and scientific workers concerned with the range of football codes.

Book Information

Paperback: 654 pages

Publisher: Routledge; 1 edition (August 12, 2008)

Language: English

ISBN-10: 0415484804

ISBN-13: 978-0415484800

Product Dimensions: 8.3 x 1.5 x 11.7 inches

Shipping Weight: 2.2 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 2 customer reviews

Best Sellers Rank: #8,680,249 in Books (See Top 100 in Books) #34 in Books > Sports & Outdoors > Miscellaneous > Sports Science #8336 in Books > Sports & Outdoors > Soccer #1232152 in Books > Textbooks

Customer Reviews

Liverpool John Moores University, UK Technical University of Lisbon, Portugal

If you are studying sport science and are interested in the different football codes then you need to have access to this book. Whether you spend \$200 on it is another story, but it is by far the most comprehensive collection of current research in the respective sports. A complaint that I have with the collection is how brief the research articles are. There is good reason for this though, as it is

already over 600 pages long, even with the short research summaries. Much of the research presented is not available elsewhere so again, it is important that you have access to a copy through a library or a purchase. Thomas Reilly sadly passed away since editing this edition which is a massive loss to the world of sport science, but all the fine literature, resources, and students that he leaves behind will be his legacy.

As with the earlier volumes, there are chapters dealing with the physiology, biomechanics, and physical fitness of players. However, this volume has some specialized information. The effects of circadian rhythms on soccer players are studied. A number of chapters examine the spin and speed of the soccer ball after it is kicked. One chapter investigates the effects of head-soccer impacts, both unintentional and intentional, on the head and neck. There are more chapters on pediatric soccer than found in the earlier volumes of this series. Finally, this volume has more of an emphasis on Third World soccer than the earlier volumes.

[Download to continue reading...](#)

Science and Football V: The Proceedings of the Fifth World Congress on Sports Science and Football (v. 5) Advances in Maxillofacial Imaging: Selected Proceedings of the 11th Congress of the International Association of Dentomaxillofacial Radiology and the ... Congress and (International Congress Series) Football: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Football: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Asthma - A Link Between Environment, Immunology, and the Airways: Proceedings of the XVIth World Congress of Asthma, Buenos Aires, October 17-20, 1999 Advances in Veterinary Dermatology, Proceedings of the Seventh World Congress of Veterinary Dermatology, Vancouver, Canada, July 24-28, 2012: Volume 7 Advances in Veterinary Dermatology, Proceedings of the Sixth World Congress of Veterinary Dermatology Hong Kong November 19 - 22, 2008 (Volume 6) Advances in Veterinary Dermatology: Proceedings of the 1st World Congress of Veterinary Dermatology, Dijon, 1989 Skateboarding: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Hockey: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Testifying Before Congress: A Practical Guide to Preparing and Delivering Testimony Before Congress and Congressional Hearings for Agencies, Assoc Library of Congress Subject Headings: Principles and Application, 4th Edition (Library of Congress Subject Headings: Principles & Application (Pape) The Tradition of Technology: Landmarks of Western Technology in the Collections of the Library of Congress (Distributed for the Library of Congress) Biomagnetism:

Clinical Aspects : Proceedings of the 8th International Conference on Biomagnetism, Munster, 19-24 August, 1991 (International Congress Series) The Dancer As Athlete (1984 Olympic Scientific Congress Proceedings) (Vol 8) Digital Radiography, Proceedings 1981 (Proceedings of Spie) Information Processing in Medical Imaging: Proceedings of the 8th conference, Brussels, 29 August - 2 September 1983 (Proceedings of the Eighth Conference, Brussels, 29 August-2) Sport Science Perspectives for Women: Proceedings from the Women and Sports Science Conference Skateboarding: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Baseball: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids))

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)